



Wellfleet Elementary School Principal's Newsletter - December 2021



TERM I

Marks for Term I will close on Friday, December 3rd. Report Cards will go home with students on Wednesday, December 15th.

Thank you for participating in your child's Parent-Teacher Conferences. Research shows that schools that partner with their families and community increase students' academic and social-emotional learning!

HOLIDAY RECESS

School will not be in session from December 23rd - January 3rd for the Holiday Recess. We will be eager to see everyone back at school on **Tuesday, January 4, 2022!** WES wishes you and your family a happy and healthy holiday season!



EARLY RELEASE DAYS

Early dismissal days are built into the 2021 - 2022 academic calendar (for faculty & staff professional development and parent-teacher conferences). All students in grades K - 5 will be dismissed at 11:00 AM on the following dates:

- Wed., Dec. 8
- Wed., Feb. 9
- Wed., Mar. 16
- Fri., Mar. 25
- Wed., April 6
- Wed., May 11

NEWS FROM THE HEALTH OFFICE

What is the difference between Influenza (Flu) and COVID-19?

Influenza (flu) and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses. COVID-19 is caused by infection with a coronavirus first identified in 2019, and flu is caused by infection with [influenza viruses](#).

COVID-19 seems to spread more easily than flu. However, as more people become [fully vaccinated](#) against COVID-19, the spread of the virus that causes COVID-19 should slow down. More information is available about [COVID-19 vaccines](#) and [how well they work](#).

Compared to flu, COVID-19 can cause more serious illnesses in some people. COVID-19 can also take longer before people show symptoms and people can be contagious for longer. More information about differences between flu and COVID-19 is available in the different sections below.

Because some of the symptoms of flu, COVID-19, and other respiratory illnesses are similar, the difference between them cannot be made based on symptoms alone. [Testing](#) is needed to tell what the illness is and to confirm a diagnosis. People can be infected with both flu and the virus that causes COVID-19 at the same time and have symptoms of both influenza and COVID-19.

While more is learned every day about COVID-19 and the virus that causes it, there are still things, such as [post-COVID conditions](#), that are unknown. This page compares COVID-19 and flu, given the best available information to date.

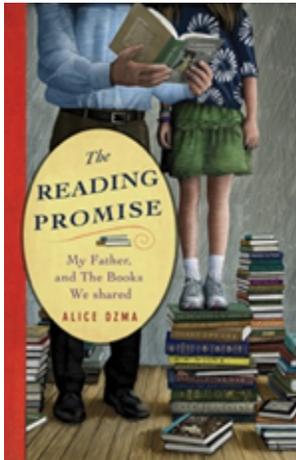
STUDENT & FAMILY RESOURCE PAGE

Mrs. Francis, WES School Psychologist, has created a resource page on the WES homepage or can be accessed [HERE](#). Resources and supports for Social-Emotional Learning, COVID-19, Mental Health, Special Education, and Community Agencies are available on the page. If you need or wish to contact Mrs. Francis, please either call 508-349-3101, ext. 37 or email her at francisk@nausetschools.org.

WELLFLEET TOWN MEETING

There will be a Special Town Meeting on Saturday, December 4th at 10:00 am. It will be held at Nauset Regional High School's auditorium.

LIGHT ON LITERACY - MRS. KOCABA



December's *Light on Literacy* casts a special glow on a book about a reading promise made between a father and daughter. The description below speaks to the impact that such a promise can have on anyone willing to take the leap.

“When Alice Ozma was nine years old, her father made a promise: to read to her every night, without missing a night, for one-hundred nights. But once the pair met their goal, they couldn't stop. 100 became 1,000, and eventually, they decided to read as long as they possibly could. The Reading Streak, as they called it, ultimately lasted 3,218, finally ending on Alice's first day of college. The story of their amazing commitment to reading, and to each other, is chronicled in Alice Ozma's book *The Reading Promise: My Father and the Books We Shared...*

The Reading Streak changed their lives so profoundly, Alice has made a commitment to spread the word about reading and the importance of making a reading promise. The reading promise is simply a promise to read to yourself, read to someone else, and protect and defend reading in your community. It's a promise anyone can make, and a movement you'll feel good about. Improve your life and the lives of those around you- make your own reading promise today.”



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