

## Family Services and Support:

AIDS Support Group of Cape Cod 508-778-1954  
 AI-Anon/Alateen of Cape Cod 508-366-4663  
 Alcoholics Anonymous 800-839-1686  
 American Academy of Pediatrics 847-434-4000  
 American Cancer Society 800-ACS-2345  
 American Heart Association 508-760-6818  
 Barnstable County Human Services 508-362-2511  
 Big Brothers/Big Sisters  
 508-771-5150/508-862-0514  
 Boys and Girls Club 508-477-8845  
 Cape and Islands Breastfeeding Warm-line  
 508-888-7794  
 Cape Behavioral Health 508-862-0514  
 Cape Cod Adoption Network 508-385-7815, ext.5  
 Cape Cod Behavioral Health 774-205-3793  
 Cape Cod Child Development 508-775-6240  
 Cape Cod Children's Place 508-240-3310  
 Cape Cod Council of Churches 508-775-5073  
 Cape Cod Family Resource Center 508-862-0600  
 Cape Cod Health Care Human Services 800-894-2247  
 Cape Cod Hospital 508-771-1800  
 Cape Cod Hospital/Childbirth Education  
 508-862-5520  
 Cape Cod Neighborhood Support Coalition  
 508-771-4336  
 Centers for Disease Control (CDC) 800-232-4636  
 Child & Family Services (*Outpatient Children's  
 Mental Health Services*) 800-576-9444  
 Child Care Network 800-778-9470  
 Coalition for Children 508-548-0151 Ext. 172  
 Community Action Committee  
 508-771-1727/800-845-1999  
 Community Health Care Center 508-477-7090  
 Coordinated Family and Community Engagement  
 Bourne 508-743-3800, Ext. 4902  
 Mashpee 508-539-1520, Ext. 5118  
 Falmouth Hospital 508-548-5300  
 Falmouth Service Center 508-548-2794  
 Families United Network (FUN)  
 508-775-6240, Ext. 512  
 Family Continuity 508-862-0600  
 Family Self Sufficiency – HAC 508-771-5400  
 Gosnold Counseling Center 508-540-6550  
 Grief Support Center and Kids Grieve Too  
 800-642-2423

[www.CapeCodFamilyResourceCenter.org](http://www.CapeCodFamilyResourceCenter.org)

Health Imperatives-Cape Cod Healthy Families  
 508-540-2968  
 Hospice & Palliative Care 800-642-2423  
 Hyannis Youth & Community Center 508-790-6345  
 JRI Community Service Agency 508-771-3156  
 Lead Poisoning Info. 617-624-5757/800-532-9571  
 Massachusetts Dental Society 800-342-8747  
 Mass. Dept. of Children & Families  
 508-760-0200/800-352-0711  
 Mass. Dept. of Developmental Svcs.  
 508-771-2595/800-352-0711  
 Mass. Dept. of Public Health 617-624-6000  
 Massachusetts Society for Prevention of Cruelty  
 to Children (MSPCC) 508-775-0275  
 Military Family Outreach Cape Cod 508-375-6695  
 National Alliance for the Mentally Ill  
 (NAMI) 508-778-4277  
 Parents Helping Parents 800-882-1250  
 Parents and Families of Lesbians and Gays  
 (PFLAG) 508-737-5832  
 Plymouth Family Network 508-830-4444  
 Sandwich Partnership for Families 508-888-9525  
 Smokers Quit Line 800-TRY-TO-STOP  
 Social Security Administration 800-772-1213  
 South Bay Mental Health 508-760-1475  
 Sudden Infant Death Syndrome Center  
 800-641-7437  
 Thrive at Cape & Islands Gay & Straight Youth  
 Alliance (CIGSYA) 508-778-7744  
 VNA of Cape Cod 800-631-3900  
 Wareham Beyond School Time 508-291-3500  
 WE CAN 508-430-8111  
 YMCA Cape Cod 508-362-6500

### Clothing:

A Baby Center 508-771-8157  
 Cape Cod Council of Churches 508-775-5073  
 Emerald House Thrift Shop 508-457-0770  
 Goodwill Thrift Store 508-790-0046  
 Katelyn's Closet (*by referral only*) 508-367-2587  
 Katie's Corner-Lower Cape Outreach Council  
 508-240-0694  
 Mary's Closet 508-888-6637  
 Mass Appeal 508-349-1173  
 St. Vincent de Paul Thrift Shop 508-420-0949  
 Salvation Army Thrift Store 508-771-8982  
 Tots to Teens Fashion Exchange 508-255-9933

[www.CapeCodFamilyResourceCenter.org](http://www.CapeCodFamilyResourceCenter.org)

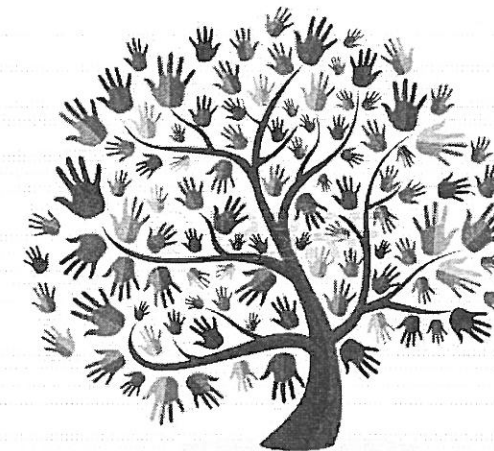
## Emergency & Crisis Intervention:

**Medical/Police/Fire Emergency 911**  
 Baby Safe Haven Hotline - DCF 508-790-0200  
 Boys Town Parent/Teen 800-448-3000  
 Bridge Over Troubled Waters (*services for  
 High-risk youth*) 617-423-9575  
 Cape and Islands Department of Mental  
 Health Crisis Intervention 800-322-1356  
 Cape Cod Healthcare Psychiatric  
 Assessment Team 800-513-4728  
 CDC AIDS info 800-342-2437  
 Child-At-Risk Hotline 800-792-5200  
 Child Find 800-426-5678  
 Children's Cove (*child sexual abuse*)  
 508-375-0410  
 Disabled Person Protection 800-426-9009  
 Domestic Violence/Sexual Assault Lines  
 Independence House 800-439-6507  
 Cape Cod Center for Women 508-564-7233  
 Elder Abuse Hotline 800-922-2275, press 4  
 Emergency ASL Interpreter 800-249-9949  
 Independence House  
 800-439-6507/508-771-6507  
 National Drug Abuse Hotline 800-662-4357  
 National Hotline for Missing and  
 Exploited Children 800-843-5678  
 National Runaway Helpline 800-786-2929  
 National Suicide Prevention 800-273-8255  
 Parental Stress Hotline 800-632-8188  
 Poison Control Hotline 800-682-9211  
 Rape Crisis Center 800-922-8772  
 Samaritans Crisis/Suicide Hotline  
 800-893-9900/508-548-8900  
 Substance Abuse Helpline 800-327-5050  
 Teen Drug Rehab Center 888-388-5605  
 Veterans Crisis Line 800-273-8255, press 1  
 Youth Crisis Hotline 800-448-4663

[www.CapeCodFamilyResourceCenter.org](http://www.CapeCodFamilyResourceCenter.org)



# Cape Cod Family Resource Center Guide to Community Resources and Services



Updated October 22, 2015

[www.CapeCodFamilyResourceCenter.org](http://www.CapeCodFamilyResourceCenter.org)