



What type of mask may be worn at school?



APPROVED



Cloth face masks at least two layers of fabric.



Disposable surgical face mask



Be sure the mask covers the nose and mouth.

Nauset students and staff participating in face to face schooling are required to wear a district approved face mask.



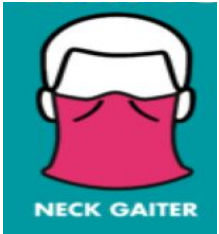
NOT APPROVED



No bandanas – Loose bandanas do not prevent the spread of respiratory droplets.



No gaiters – After studying new scientific data, it has been determined that gaiters do not provide sufficient protection.



No masks with valves – valves release exhaled droplets, and don't protect others.



Putting your face mask on

1. Wash or sanitize your hands
2. Pick the mask up by the strings or loops
3. Place over your nose and mouth and press to make a snug seal
4. Avoid touching the outside (dirty) part of the mask



Taking the face mask off



1. Wash your hands
2. Remove the mask by handling the loops or strings only
3. Place the mask dirty side (faces out) down
4. Do not allow the dirty side (faces out) of the mask to come in contact with the inside (part that goes against your face)
5. Wash Hands



Care of your mask



- Must come to work/school with a clean mask at the start of each day
- Have a backup mask just in case
- Suggest to have multiple masks to ensure a clean one each day
- Surgical (disposable) masks should be disposed of if they are visibly soiled, are ripped, the loops are stretched out, or if they get wet.



Facial Covering (mask)

- Creates a barrier
- Contains the droplets from falling to the ground, on a desk, on another child
- Protects other people
- Prevents asymptomatic transmission

